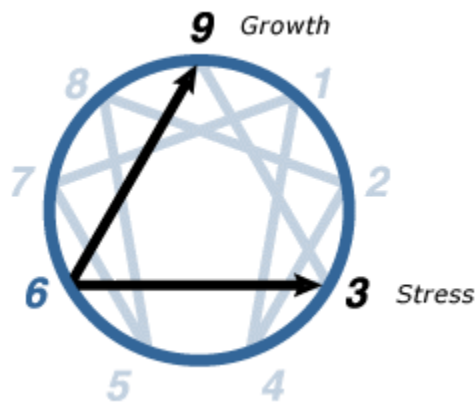


Type 6



Motivation – basic desire

- To be secure, to have support and guidance, to be on the right path

Focus of Attention

- What can go wrong? Whom, what can I trust?
- Energy spent on worrying about what hasn't or won't happened

Typical Characteristics of 6's

- Loyal
- Reliable
- Committed to beliefs
- Excellent troubleshooters
- Prepared
- Sensible
- Respectful
- Trustworthy
- Devil's Advocate

Typical Challenges for 6's

- Anxiety and fear dominate
 - Phobic: avoid risk, change, procrastinate
 - Counter-phobic: rush to meet fear
- Defensive
- Suspicious, worrier
- Need guidelines, structure
- Rigid

Strengths

- Trustworthy
- Team player
- Analytical
- Hard worker and perseverant
- Practical
- Perceptive
- Generous
- Problem solver
- Strong convictions

Challenges - seen as stress increases or in individuals with low self-mastery:

- Doubtful, worrisome
 - imagining what can go wrong
- Testing, skeptical (can also be a strength)
- Questions authority - trust built very slowly
- Overly cautious (or risk-taking)
- Suspicious, paranoid
- Vacillating

As stress increases or in times of low self-mastery, SIX's go to the low side of THREE and demonstrate these characteristics:

- Workaholic
- Inattentive to feelings and relationships
- Impatient
- Competitive
- Driven
- Over-extended
- Rushed

For growth or development, SIX's are encouraged to explore the high side of NINE and integrate these characteristics:

- Collaborators
- Inclusive, trusting
- Mediators, able to hear multiple viewpoints
- Bring people together
- Caring, helpful, supportive
- Accepting and non-judgmental
- Sensitive
- Calm, peaceful
- Inspirational